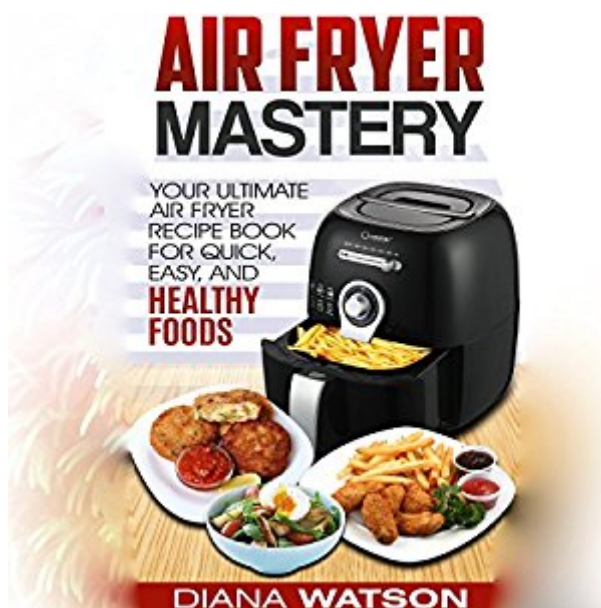


The book was found

# Air Fryer Mastery Cookbook: Your Ultimate Air Fryer Recipe Book For Quick, Easy, And Healthy Foods



## Synopsis

If you have been searching for a way to cook your meals, so your food will be healthy, tender, and juicy inside, the Air Fryer is the way to go. It is an excellent tool to add to your kitchen because the heat is circulating for optimal heating distribution. You will discover just how much Air Fryer Cookbook Mastery: Your Ultimate Air Fryer Recipe Book for Quick, Easy, and Healthy Foods will send you on the fast track to a healthier lifestyle. Within a short time, you will be able to roast, bake, grill, or fry your foods with a tablespoon or less of oil. How healthy is that? You get to enjoy the food without all of the unnecessary "baggage" that comes along with it. If you still aren't sure whether you will be sacrificing the taste of your foods, try one of these tasty treats: Apple dumplings Air fryer spinach frittata Country-style chicken tenders Tarragon chicken Halibut steak with a teriyaki glazed sauce Spicy pumpkin patch cannoli treats for Halloween Be sure not to miss out on any of these tasty treats and healthy meals you can prepare with your Air Fryer. Happy cooking!

## Book Information

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## Customer Reviews

Wow its an amazing amazing cookbook. I am very looking much looking for an instant and healthy cookbook i got this one and i am so excited of this book. It i very useful and extraordinary for fast moving life. Through this book now i am able to cook bake and grill delicious recipes healthy and easy as well. Its a great book for me and i refferes it to all of those who are wishing a delicious and healthy instant recipes in this fast living.

This book has so many good recipes. Everyday food like pork chops ,chicken done several ways,

vegetables, meatballs, etc. There are also a few gourmet recipes, and some dessert recipes. I love how the author included the nutritional info in a short easy to read box, and the tips were helpful. And after reading this book, you will realize that you have been passing up on great food for many years!

I just got an air fryer and was looking for a cookbook or two and found this one. Some great recipes in here! Many for breakfast which I thought was awesome as well as lunch/dinner. Also an appetizer section with healthy versions of mozzarella sticks and garlic knots! That is like heaven to a New Yorker like me! :)

Needs more simple foods

The recipes are easy and tasty

This book teaches me a lot. I am very glad to have this wonderful guide by Diana Watson. This is one of my favourite books. I highly recommend it

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